

Fit For Work Program

The Fit For Work Program works with local Job Services agencies in the Devonport and Burnie regions to identify young jobseekers (aged between 15 and 25 years) who need additional supports to enter the workforce.

Youth Coaches work intensively with participants for 6 to 12 months to address health and wellbeing issues, build relationships and social connections and participate in soft employment skills training.

The program aims to support participants to rebuild their health, confidence and lost social capital, providing them with increased opportunity to break the cycle of welfare dependency.

Utilising an evidence-based assessment tool, participants will be assessed and assisted to address a range of life issues that may be impacting on their capacity to become work ready and access training, education and/or employment.

These life issues may include:

- Motivation and taking responsibility
- Self-care and living skills
- Managing money
- Social networks and relationships
- Drug and alcohol misuse
- Physical health
- Emotional and mental health
- Meaningful use of time
- Managing tenancy and accommodation
- Offending and other legal issues

The program will also provide training and workshops in a range of employment skills such as searching online for employment opportunities, resume development, application preparation and interview skills.

For those participants securing employment during their participation in the program, up to 3 months post placement support will also be provided by the Program Worker.

Throughout the program, the Fit For Work Youth Coach will communicate regularly with Employment agencies to ensure we maximise outcomes for their participating clients. This program aims to support the work undertaken by employment agencies in getting their job seeker clients work ready to enable them to secure sustainable employment.

**For further information on the program phone 6423 6635 or email
reception@yfcc.com.au**

The Fit For Work Program is an initiative of Youth, Family and Community Connections, supported by the Tasmanian Government through the Department of State Growth.