

CONNECT & CREATE



686

Build connections, share experiences and learn new skills for support in recovery.

17-25 years



EVERY SECOND TUESDAY

2:30 PM - 4:00 PM

YFCC JUNCTION HUB

129 WILSON STREET, BURNIE

FOR MORE INFO:

CHAT WITH YOUR YFCC COUNSELLOR

CALL OR SMS 0419 346 901

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Tuesday, 11th July

Can you outsmart 99% of the population? Based on the tv series - the 1% club - you must work as a team to complete puzzles. First puzzle is pictured (left). Can you complete the question before coming along to recieve a prize?



Tuesday, 25th July

The Cinemas

As promised - RESCHEDULED - from last program. Can you smell that popcorn? Can you hear those chips? Walk as a group to Metro Cinemas in Burnie to enjoy a movie. Movie TBC.



Tuesday, 8th August

Combatting the Winter Blues

An afternoon of self care during the cooler months yoga, meditation, hot chocolate, soup. Plus grab a winter care pack to take home.



Tuesday, 22nd August

Serenity House Visit

Serenity House is a sobering-up & place of safety located in Burnie, TAS. Perhaps you have heard of Serenity House mentioned through your engagement with our service? Tour as a group to gain a better idea of what Serenity House offers.



Tuesday, 5th September

Equine Therapy

Road trip to Wynyard to learn about equine/animal therapy. Connect and spend time with horses or admire them from a distance.



Attend & participate in <u>all five</u> of the May/June activities to go in the draw to win a \$25.00 Kmart voucher.