

Fit For Work Project

The Fit For Work project works with local Employment agencies in the Burnie and Devonport regions to identify young jobseekers (aged between 16 and 25 years) who need additional supports to enter the workforce.

Two full-time project workers provide intensive supports to participants for 6 to 12 months to address health and wellbeing issues, build relationships and social connections and participate in soft employment skills training.

The project aims to support participants to rebuild their health, confidence and lost social capital, providing them with increased opportunity to break the cycle of welfare dependency.

Utilising an evidence-based assessment tool, participants will be assessed and assisted to address a range of life issues that may be impacting on their capacity to become work ready and access training, education and/or employment.

These life issues may include:

- Motivation and taking responsibility
- Self-care and living skills
- Managing money
- Social networks and relationships
- Drug and alcohol misuse
- Physical health
- Emotional and mental health
- Meaningful use of time
- Managing tenancy and accommodation
- Offending and other legal issues

The project also provides training and workshops on a range of employment skills such as searching online for employment opportunities, resume development, application preparation and interview skills.

For those participants securing employment during their participation in the project, up to 3 months post placement support is also available through the Project Workers.

Throughout the project, the Fit For Work Project Workers will communicate regularly with Employment agencies to ensure we maximise outcomes for their participating clients. This project aims to support the work undertaken by employment agencies in getting their job seeker clients work ready to enable them to secure sustainable employment.

The Fit For Work Project is funded by the Tasmanian Government through Jobs Tasmania.

For further information on the project contact

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