



COVID-19

1800 98 44 34
A Tasmanian lifeline

**Struggling? Feeling alone?
Finding life tough?
Talk to us. We're here for you.**

Three types of support

Call in: Tasmanians receive support from a trained support worker to discuss concerns and where appropriate, be directed to a referral service.

Call out: We contact socially isolated Tasmanians identified through existing services, concerned family and friends, or by other health professionals.

Reach out: Through partnership with those industries significantly impacted by COVID-19, identify at-risk members and reach out with support, counselling or employee assistance programs.

8am – 8pm 7 days

More information

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atasmanianlifeline.com.au



 **Lifeline**
Tasmania

IN PARTNERSHIP WITH

Tasmanian
Government