

Fit For Work Project

The Fit For Work Project is a two-year project funded by the Tasmanian Community Fund.

The project will work with local Job Services agencies in the Devonport region to identify young jobseekers (aged between 16 and 25 years) who need additional supports to enter the workforce.

A full time project worker will work intensively with participants for 6 to 12 months to address health and wellbeing issues, build relationships and social connections and participate in soft employment skills training.

The project aims to support participants to rebuild their health, confidence and lost social capital, providing them with increased opportunity to break the cycle of welfare dependency.

Utilising an evidence based assessment tool, participants will be assessed and assisted to address a range of life issues that may be impacting on their capacity to become work ready and access training, education and/or employment.

These life issues may include:

- Motivation and taking responsibility
- Self-care and living skills
- Managing money
- Social networks and relationships
- Drug and alcohol misuse
- Physical health
- Emotional and mental health
- Meaningful use of time
- Managing tenancy and accommodation
- Offending and other legal issues

The project will also provide training and workshops in a range of employment skills such as searching online for employment opportunities, resume development, application preparation and interview skills.

For those participants securing employment during their participation in the project, up to 3 months post placement support will also be provided by the Project Worker.

Throughout the project, the Fit For Work Project Worker will communicate regularly with Employment agencies to ensure we maximise outcomes for their participating clients. This project aims to support the work undertaken by employment agencies in getting their job seeker clients work ready to enable them to secure sustainable employment.

For further information on the project contact Karina Cowling on 0436 462 476 or email karinac@yfcc.com.au

The Fit For Work project is an initiative of Youth, Family and Community Connections with funding support from the Tasmanian Community Fund